

GoFit introduces Go H2O: No-impact water-resistance workout set

The buoyancy of GoH2O components, combined with resistance created by water pressure creates a cardio-pumping workout that's gentle on your heart and joints. The natural flow of water resistance promotes muscle strength, circulation, and stress relief. Ideal for active recovery, rehab or increasing range of motion.

\$39⁹⁹ msrp

- Alleviate pressure on joints and muscles
- Improve cardio endurance
- Increase flexibility and circulation
- Excellent for active recovery or rehab
- Decrease stress
- Strength and Tone
- Light, smooth EVA foam
- Includes:
 - 2 Barbells
 - 1 Belt
 - 2 Gloves
 - 1 Training Manual

Approx.
package size:
14" x 11" x 10"



Adjustable nylon belt

Webbed fingers and neoprene palms



1116

GF-GOH2O

GO H2O NO-IMPACT WATER-RESISTANCE WORKOUT SET

Overview

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