

# FRIGIDAIRE

## Triple Slow Cooker

### Instruction Manual

**MODEL NO.: ESC3105-SS**



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For service assistance and product information, please call: 1-800-968-9853.

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**READ THESE INSTRUCTIONS COMPLETELY  
BEFORE USE AND KEEP FOR FUTURE REFERENCE.**

## **IMPORTANT SAFEGUARDS**

When using electrical appliances, basic safety precautions should always be followed, including the following:

1. Read all instructions before operating.
2. Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.
3. Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
4. Children should be supervised to ensure that they do not play with the appliance.
5. Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.
6. This appliance is not a toy.
7. This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning or if it has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.
8. Keep the appliance and its power supply cord out of reach of children.
9. Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.
10. Keep the power supply cord away from any parts of the appliance that may become hot during use.
11. Keep the appliance away from other heat emitting appliances.
12. Do not immerse the appliance in water or any other liquid.
13. Do not operate the appliance with wet hands.
14. Do not leave the appliance unattended whilst connected to the mains power supply.
15. Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.
16. Do not use the appliance for anything other than its intended use.
17. Do not use any accessories other than those supplied.
18. Do not use this appliance outdoors.
19. Do not store the appliance in direct sunlight or in high humidity conditions.
20. Do not move the appliance whilst it is in use.
21. Do not touch any sections of the appliance that may become hot or the heating components of the appliance, as this could cause injury. Do not use sharp or abrasive items with this appliance; use only heat-resistant plastic or wooden spatulas to avoid damaging the non-stick surface.
22. Always unplug the appliance after use and before any cleaning or user maintenance.
23. Always ensure that the appliance has cooled fully after use before performing any cleaning or maintenance or storing away.
24. Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user.
25. Use of an extension cord with the appliance is not recommended. This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.
26. This appliance is intended for domestic use only. It should not be used for commercial

purposes.

27. The outer surface of the appliance may get hot during operation.

**Warning:** Keep the appliance away from flammable materials.



**Caution:** Hot Surface - Do not touch the hot section or heating components of the appliance.  
**THIS PRODUCT IS FOR HOUSEHOLD USE ONLY!**

### Parts and Features



### Before First Use

- Ensure that the Triple Slow Cooker is unplugged from the mains power supply and turned off.
- Wipe the Triple Slow Cooker main unit with a soft, damp cloth and dry thoroughly.
- Wash the removable cooking pots and tempered glass lids in warm, soapy water, then rinse and dry thoroughly.
- Do not immerse the Triple Slow Cooker main unit in water or any other liquid.

**Note:** When using the Triple Slow Cooker for the first time, a slight odor may be emitted. This is normal and will soon subside. Ensure that there is sufficient ventilation around the Triple Slow Cooker.

### Using the Triple Slow Cooker

1. Ensure that the Triple Slow Cooker is unplugged from the mains power supply and turned off.

2. It is recommended to wipe the outer surfaces of the removable cooking pots with a soft, dry cloth before each use to make sure that they are fully dry. This will reduce the possibility of liquid coming into contact with the Triple Slow Cooker main unit and causing damage.
3. Position the removable cooking pots into the relevant recesses in the Triple Slow Cooker main unit.
4. Place the prepared ingredients directly into the removable cooking pots and then fit the tempered glass lids.
5. Plug in and switch on the Triple Slow Cooker at the mains power supply.
6. To turn on the Triple Slow Cooker, set the heat control dial for the removable cooking pots required for use to the desired heat setting ('HIGH', 'LOW' or 'WARM').
7. Once cooking is complete, turn the relevant heat control dial to the 'OFF' position and unplug the Triple Slow Cooker from the mains power supply.
8. The cooked food can be served directly from the removable cooking pots. Always use heat-resistant silicone or plastic cooking utensils to serve food, to avoid damaging the surfaces.

**Note:** The tempered glass lids of the Triple Slow Cooker should not form a tight fit on the removable cooking pots but should be placed centrally for the best results.

**Note:** It is not necessary to stir the ingredients during cooking. Do not repeatedly remove the tempered glass lids, as this will affect the cooking temperature within the removable cooking pots and cooking times.

**Warning:** Do not place the removable cooking pots onto any surfaces that may be affected by heat.

**Warning:** Do not place food directly into the Triple Slow Cooker main unit without first fitting the removable cooking pots into the relevant recesses.

**Warning:** The removable cooking pots and tempered glass lids will get very hot during operation. Always wear heat-resistant oven gloves when removing the removable cooking pots from the Triple Slow Cooker main unit.

**Warning:** Nominal voltage is still present even when the thermostat is turned to the off position, to permanently switch off the Triple Slow Cooker, ensure that it is turned off at the mains power supply.

### **Using the Heat Control Dials**

The Triple Slow Cooker has been developed with a concealed, wrap-around element, which provides a low, even temperature that allows for longer cooking times where possible. This method of cooking means that food will not stick to the base of the removable cooking pots and eliminates the need to stir the ingredients during cooking.

### **Low Heat Setting**

The 'LOW' heat setting gently simmers food for an extended period of time without overcooking or burning the ingredients. This setting is ideal for vegetable-based dishes.

### **High Heat Setting**

The 'HIGH' heat setting is ideal for cooking dried beans or pulses and for baking. It will cook food in half of the time required to cook food on the 'low' heat setting. As ingredients may reach boiling point when being cooked on the 'high' heat setting, it may be necessary to add extra liquid during the cooking process to prevent the removable cooking pots from 'drying out' during the cooking process. This will depend upon the recipe and the amount of time it needs to be cooked for.

### **Warm Heat Setting**

The 'WARM' heat setting allows for food to be cooked from frozen. Food cooked using this setting is typically ready to be served after approximately 8-10 hours.

When set to the 'WARM' heat setting, the Triple Slow Cooker will first cook on the 'HIGH' heat setting until the food defrosts and reaches a preset temperature. It will then automatically switch to the 'LOW' heat setting, where it will maintain a constant low heat temperature for the remainder of the cooking time.

### **Adjusting the Amount of Liquid during Cooking**

When cooking food in the Triple Slow Cooker, very little moisture has a chance to boil away. It is advisable to halve the liquid content of traditional recipes to compensate for this. However, if after cooking the liquid content is still excessive, remove the tempered glass lids and operate the Triple Slow Cooker on the 'high' heat setting for approximately 30-45 minutes or until the liquid reduces by the required amount.

### **Hints and Tips**

- Do not remove the tempered glass lids frequently, as this will result in heat loss to the removable cooking pots.
- Trim all visible fat from meat or poultry before cooking.
- Cut root vegetables into small, even pieces, as they will usually take longer to cook than meat. Vegetables should be gently sautéed for approximately 2-3 minutes before slow cooking. Always ensure that root vegetables are placed at the bottom of the removable cooking pots and that all of the ingredients are immersed in the cooking liquid. Uncooked red beans must be soaked and boiled for at least 10 minutes to remove toxins before being cooked in the Triple Slow Cooker.

### **Dos and Don'ts**

Do: Cut root vegetables into small, even pieces before adding to the removable cooking pots.

Do: Wear heat-resistant oven gloves when handling the tempered glass lids, as they will get very hot during use.

Don't: Use the removable cooking pots if they are chipped or cracked.

Don't: Subject the removable cooking pots to sudden changes in temperature; adding cold water to a very hot pan could cause it to crack.

Don't: Put the removable cooking pots or tempered glass lids in an oven, freezer microwave or on a gas or electric hob.

Don't: Use the Triple Slow Cooker to reheat food.

Don't: Operate the Triple Slow Cooker without the removable cooking pots and tempered glass lids in place.

Don't: Place food, water or other liquid directly into the recesses in the Triple Slow Cooker main unit.

### **Care and Maintenance**

- Before attempting any cleaning or maintenance, ensure that the Triple Slow Cooker is unplugged from the mains power supply and has fully cooled.
- Wipe the Triple Slow Cooker main unit with a soft, damp cloth and dry thoroughly.
- Wash the removable cooking pots and tempered glass lids in warm, soapy water, then rinse and dry thoroughly.

- Remove baked on food by applying a small amount of cooking oil and wiping it clean with a paper towel.
- Do not immerse the Triple Slow Cooker main unit in water or any other liquid.
- Never use harsh or abrasive cleaning detergents or scourers to clean the Triple Slow Cooker, as this could cause damage.
- The Triple Slow Cooker should be cleaned after every use.

### **Storage**

- Before storing, ensure that the Triple Slow Cooker is cool, clean and dry.
- Never store while it is wet.
- Never wrap the cord tightly around the Triple Slow Cooker; wrap it loosely to avoid damage.
- Store in a cool, dry place.

### **Specifications**

Input : AC 120V, 60Hz

Power : 420W

### **Short Cord Purpose**

**NOTE:** A short power cord is provided to reduce the risk of personal injury resulting from becoming entangled in or tripping over a longer cord.

**Longer power-supply cords or extension cords are available and may be used if care is exercised in their use.**

If an extension cord is used: (1) the marked electrical rating of the extension cord should be at least as great as the electrical rating of the product; (2) the extension cord should be arranged so that it will not drape over the countertop or tabletop where it can unintentionally be pulled on or tripped over by children or pets.

### **Polarized Plug**

If this appliance is equipped with a polarized plug (one blade is wider than the other), please follow the below instructions:

To reduce the risk of electrical shock, this plug is intended to fit into a polarized outlet only one way. If you are unable to fit the plug into the electrical outlet, try reversing the plug.

If the plug still does not fit, contact a qualified technician. Never use the plug with an extension cord unless the plug can be fully inserted into the extension cord. Do not alter the plug of the product or any extension cord being used with this product. Do not attempt to defeat the safety purpose of the polarized plug.

## **One Year Limited Product Warranty**

To make a warranty claim, do not return this product to the store. Please email [support@curtiscs.com](mailto:support@curtiscs.com) or call 1-800-968-9853.

### **1 Year Warranty**

This product is warranted to be free from defects in material and workmanship for a period of one (1) year from the date of original purchase. During this period, your exclusive remedy is repair or replacement of this product or component found to be defective, at our option; however, you are responsible for all costs associated with returning the product to us. If the product or component is no longer available, we will replace with a similar one of equal or greater value. Prior to a replacement being sent, the product must be rendered inoperable or returned to us.

This warranty does not cover glass, filters, wear from normal use, use not in conformity with the printed directions., or damage to the product resulting from accident, alteration, abuse, or misuse. This warranty extends only to the original consumer purchaser or gift recipient. Keep the original sales receipt, as proof of purchase is required to make a warranty claim. This warranty is void if the product is used for other than single-family household use or subjected to any voltage and waveform other than as on the specified rating on the label (e.g., 120V~60Hz).

We exclude all claims for special, incidental, and consequential damages caused by breach of express or implied warranty. All liability is limited to the amount of the purchase price. Every implied warranty, including any statutory warranty or condition of merchantability or fitness for a particular purpose, is disclaimed except to the extent prohibited by law, in which case such warranty or condition is limited to the duration of this written warranty. This warranty gives you specific legal rights. You may have other legal rights that vary depending on where you live. Some states or provinces do not allow limitations on implied warranties or special, incidental, or consequential damages, so the foregoing limitations may not apply to you.