The Rock Diamond 8" (20cm) Fry Pan

Before using your new cookware, wash thoroughly in hot soapy water using a soft cloth or sponge. Dry completely. For better non-stick performance, it is recommended to add a teaspoon of cooking oil prior to each use. Never heat an empty utensil. Be sure there is oil, butter, liquid or food before placing the cookware on the range or burner. Always use low to medium heat setting. This cookware should NEVER be used on a maximum heat setting either for pre-heating or cooking as excessive surface temperatures can cause permanent damage to the non-stick surface. The Rock Diamond offers an ultimate scratch resistance. However, any abusive and exaggerated metal utensil used directly on the non-stick surface is not recommended. Use soft cloth or sponge to clean the non-stick surface. Never put cold water into a hot utensil. Let cookware cool down on its own or place in lukewarm soapy water. Always lift cookware. Do not slide across the cooktop. This cookware is oven safe up to 450 °F / 230 °C. Higher cooking temperatures or longer cooking time will cause the handle to get hot. To avoid burn hazard, always use pot holders or oven mitts. Dishwasher safe. Take note that the shine of the coating may become dull and discolored due to the action of certain detergents. Our warranty does not cover this type of wear, as the performance of the cookware is not affected.